

CWU Datasheet

Template created by KCPHD

Instructions: Please provide a brief summary of progress made for each activity below for the CURRENT REPORTING QUARTER.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Provide licensed and unlicensed staff support	Both individual and group clinical supervision was provided to graduate students throughout this reporting period. The Clinical Director and the practicum teacher are both Licensed Mental Health Counselors (LMHC) in the state of Washington.							

<p>Offer mental health counseling services to youth and their families in Kittitas County</p>	<p>Mental Health counseling services were performed with youth, families and adults during this reporting period. The CWU Community Counseling Clinic Received 192 (potential) referrals for possible engagement in counseling services. These potetial referrals came from many different sources which include but not limited to: "Handle with Care from the Ellensburg Police Department, schools/school counselors, parents, guardians, CPS, Kittitas County Juvenile Court Services, individuals themselves and ESD 105. For each of these potential referrals, the clinic continues to reach out and offer services by phone and/or a letter describing our counseling services and supports available to them. Biopsychosocial Assessments, Individual therapy and family therapy modalities were utilized. Currently there are 69 open clients at the time of writing this report.</p>							
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<p>Train and oversee its graduate students providing services</p>	<p>There continues to be individual and group clinical supervision with graduate students within the Community Counseling Clinic. As we experienced a greater number of community members seeking mental health services we were able to assign the graduate students up to 3 clients each. This helped to expand access to mental health services for the community and helps in the number of hours in training for the graduate students.</p>							
<p>Provide adequate facilities at CWU's Community Counseling Clinic</p>	<p>The Community Counseling Clinic has available 5 dedicated parking spots and has 19 rooms that are available and can be utilized for counseling services that are maintained by CWU. The University has also provided that when we have more than 5 families here at a time and all our dedicated parking spots are taken we do have "overflow" parking slips that are used with CWU permission. We also utilize and maintain a crisis/emergency notification system within the clinic in each of the therapy rooms. This can be utilized if graduate students/therapists need immediate help within a therapy room during the course of a session.</p>							

<p>Materials and supplies, including but not limited to surveys, books, and manuals</p>	<p>Over this quarter supplies in the way of therapeutic books and work books were purchased. The Community Clinic also provided many parent, client informational articles throughout this reporting quarter. There were 10 parent surveys completed this quarter. There were 17 client surveys completed during this quarter as well. All surveys reflected that the "problems/concerns that prompted them coming to the counseling clinic" were better with 1 parent survey reflecting "better and also "the same" for some of the areas the individual came into services for.</p>							
<p>Provide and maintain a HIPAA compliant healthcare portal</p>	<p>The Community Counseling Clinic continues to use Titanium as the HIPAA compliant electronic medical record. Within this EMR we are able to document the clinical activities we offer and provide here at the CWU Community Counseling Clinic.</p>							

CWU Successes

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Instructions: Please provide a brief summary of successes you've seen during the CURRENT REPORTING PERIOD.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
The clinic director continued to engage in meetings with several different community partners.							
During this reporting quarter individuals/families were able to get into services quickly and we continue to not have a wait list for services here at the community clinic.							
All individuals engaged in mental health counseling have an established treatment plan identifying a problem list, long and short term goals and staff interventions.							
We continue to assess for safety/suicide/suicidal ideation during every Biopsychosocial Assessment using the CSSRS and then a safety plan is established if indicated. We assess for trauma at every intake. We utilize CBT here in the Community Clinic. We use standard assessments to track symptoms and progress during treatment.							
All 13 graduate students were able to meet and exceed their number of required hours in counseling for their practicum this quarter due to the amount of referrals we had coming into the clinic during this reporting period.							

CWU Challenges

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Instructions: Please provide a brief summary of challenges you've seen during the CURRENT REPORTING PERIOD.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Challenges for this quarter would include: inquiries into HIPPA compliant, affordable, University supported telehealth opportunities. We are continuing to explore options for implementing telehealth services in the future here in the community clinic.							
The other challenge and disappointment was finding that the off-site office that we were hoping to use to offer services in the upper valley came with a monthly rental fee.							

